Exploring Safe Sport and Trauma- and Violence-Informed Approaches in Sport for Development: Sexual and Gender-Based Violence Prevention, Menstrual Justice, and Community Support

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12:00-1:30 PM ABT



Emma Bowen



Julia Ferreira Gomes



Isra Iqbal



Lyndsay Hayhurst

About the Webinar

Sport and physical activity programs are sometimes used to support health, wellbeing, and sexual and reproductive health, but their potential benefits depend on how programs are designed and whose experiences they recognize. Sport for development (SFD) programs use sport and physical activity as a way to pursue broader social goals, such as supporting health, education, wellbeing, gender equity, or community participation. Drawing on research about safe sport practices, trauma- and violence-informed approaches and sexual- and gender-based violence prevention in SFD (Ferreira Gomes et al., 2023; 2025a; Raw et al., 2021), participatory research with young people in SFD (Ferreira Gomes et al., 2025b), and menstrual justice and embodied realities in sport for development (Ferreira Gomes & Hayhurst, 2026), this webinar will consider how violence, gender inequities, and exclusion may shape people's experiences in SFD settings.

Featuring

Emma Bowen (she/her) is an MA student under the supervision of Dr. Lyndsay Hayhurst. Her work focuses on why girls and gender diverse youth choose (non-)participation in grassroots sport and explores these choices with the goal of making sport more equitable and inclusive. She supports Dr. Hayhurst and her team on several of their other on-going projects surrounding SGBV, mobility, climate and sport.

Julia (she/they) is a PhD candidate under the supervision of Dr. Lyndsay Hayhurst. Her/their research focuses on applying trauma- and violence-informed approaches to sport for development programming. This research examines how to support sexual- and-gender-based violence survivors and victims through sport for development, how we may prevent and address sexual- and gender-based violence through these programs, and how we can support sexual- and reproductive health rights in/through sport for development.

Isra Iqbal is a PhD student at Western University within the School of Kinesiology, under the guidance of Dr. Adam Ali. During her MSc studies at York University, supervised by Dr. Lyndsay Hayhurst, she investigated safe sport policies and practices within sport for development (SFD) organizations that serve child- and youth-focused programs in the Global South. Her doctoral research explores children's geographies within sport-based spaces, with an eye to how environments and climate-related precarities can impact children's movements within these spaces.

Lyndsay Hayhurst (she/her) is a qualitative, feminist participatory action researcher who works collaboratively with community partners on issues of social justice and inequities in/through sport/leisure/recreation in a variety of contexts. She is a Tier 2 York Research Chair in Sport, Gender and Development, and Digital Participatory Research and the Director of the *DREAMING Sport Collaboratory* (*Digital participatory Research in Equity, Access, Mobility, Innovation aNd Gender in Sport*). She is an Associate Professor in the School of Kinesiology and Health Science at York University in Toronto, Canada. Her work critically examines equity, inclusion, mobility justice, and climate justice, particularly with/for equity-owed groups, including women (*cis and trans) and gender-diverse youth. She is co-author of *Sport, Gender and Development: Intersections, Innovations and Future Trajectories* (with Holly Thorpe and Megan Chawansky, 2021).