

# Webinar Series

## Survivor's Rights in the Criminal Justice System: Reclaiming Power, Demanding Change



Join Us!

**March 11**  
12:00-1:30 PM MST

**Carrie Low**

## About the Webinar

Survivor's Rights in the Criminal Justice System: Reclaiming Power, Demanding Change, is a 60-minute survivor-led, trauma- and violence-informed session grounded in Carrie's lived experience and advocacy work. It explores the gap between survivors' rights on paper and the reality of systemic injustice, highlighting how the criminal justice system often retraumatizes rather than protects. Through personal storytelling, critical reflection on institutional failures, and a call for transformative, survivor-led change, this presentation invites advocates, educators, and community members to move beyond awareness toward action. A 30-minute interactive Q&A will follow, and attendees will receive a toolkit of post-webinar resources to support continued learning and advocacy.

## Featuring

**Carrie Low** is a sexual assault survivor and accomplished activist & advocate for survivors' rights in the criminal justice system in Nova Scotia and across Canada. After a violent sexual assault in 2018 and severe systemic failures in the police response, she pursued legal and oversight processes that helped extend the time frame for municipal police complaints and pushed for more survivor-centred, accountable policing. She founded Survivors for Change and Empowerment, a community-based program through Carrie Low Training and Consulting, and her story is featured in the CBC investigative podcast Carrie Low Vs., which documents both the mishandling of her case and her fight for justice. In early 2022, Carrie co-founded My Voice, My Choice, a national initiative that successfully advocated for reforms to publication bans under section 486.4 of the Criminal Code, contributing to Bill S-12 and strengthening survivors' ability to avoid unwanted publication bans that silence them. Despite ongoing challenges in her own case and limited funding since January 2024, she continues this work largely on a voluntary basis, using advocacy and public speaking to promote trauma-informed practices and meaningful justice for all survivors.