

## Webinar Series

### Q&A Webinar with Trauma Expert Laura van Dernoot Lipsky

Join Us!



March 18  
12:00-12:45 PM MST

Laura van Dernoot Lipsky

## About the Webinar

Join us for a virtual webinar and Q&A with trauma expert Laura van Dernoot Lipsky, founder of the Trauma Stewardship Institute and author of Trauma Stewardship and The Age of Overwhelm. Drawing on more than 30 years of experience working with individuals and communities impacted by trauma, Laura will reflect on overwhelm, resilience, and how to stay grounded while doing challenging work. This webinar offers space to learn, ask questions, and think together about sustaining ourselves in trauma-exposed roles.

## Featuring

**Laura van Dernoot Lipsky** is the founder and director of The Trauma Stewardship Institute and author of Trauma Stewardship and The Age of Overwhelm. She is the host of the podcast Future Tripping, which is dedicated to conversations about overwhelm. Widely recognized as a pioneer in the field of trauma exposure, she has worked nationally and internationally for more than three decades. Much of her work is being invited to assist in the aftermath of community catastrophes - whether they are fatal storms or mass shootings. Simultaneously, she has long been active in community organizing and movements for social and environmental justice and has taught on issues surrounding systematic oppression, structural supremacy, and liberation theory. Laura is on the advisory board of ZGiRLS, an organization that supports young girls in sports. She is a founding member of the International Transformational Resilience Network, which supports the development of capacity to address climate change. Laura also served as an associate producer of the award-winning film A Lot Like You, and was given a Yo! Mama award in recognition of her work as a community-activist mother.