

## EXAMPLE - AVA Online Course Content Submission

This example has been created based on the AVA Foundations course: *Adversity, Gender-Based Violence and Health: An Introduction*

**Course Name:**

*Adversity, Gender-Based Violence and Health: An Introduction*

**Course Author(s):**

*Dr. Nicole Letourneau and Dr. Kendra Nixon*

**Course Description:**

*In this course, the following concepts are explored and defined:*

- *Adverse Childhood Experiences (ACES); impacts and risk factors;*
- *Types of stress (including toxic stress) and the physiological impacts on the body and brain;*
- *Family violence and its influence on infants, preschoolers and school-aged children is explored in detail in terms of behavioural, socio-emotional, physical and cognitive development, impacts on physical and mental health, as well as the impact of trauma (including moderators);*
- *Gender-based violence (forms, communities/groups most at risk, childhood sexual abuse);*
- *Intimate Partner Violence (IPV) including coercive control (causes, impacts);*
- *Canadian legal context relating to gender-based violence;*
- *Preventions and interventions relating to gender-based violence and ACES*

*A recorded PowerPoint presentation (with audio) will be used to present the course content and the course authors will be sharing the responsibility of creating course content equally.*

**List of 3 – 5 course learning outcomes or objectives:**

*Anticipated learning outcomes for those who take this course include the following:*

- *To understand the impacts and risk factors associated with ACES;*
- *To understand the impacts of toxic stress on the developing child (physically, emotionally, socially, cognitively and behaviourally);*
- *To identify different forms of gender-based violence, intimate partner violence (including coercive control) as well as the risk factors and the impacts;*
- *To identify preventions and interventions that may be helpful in addressing the causes and impacts of gender-based violence and ACES*

**How does this course align with AVA's objectives and guiding principles?:**

*This course aims to decrease knowledge gaps and increase awareness of the prevalence, impacts and risk factors associated with ACES and gender-based violence in order to improve service provision and prevention efforts therefore addressing AVA's objective to improve health and wellness outcomes for girls, women, and gender-diverse people, at risk/affected by violence and adversity over the lifecycle.*

**Does content for this course already exist?:**

*We will be creating content specifically for this course.*

**If course content already exists, please provide a link/URL (Please skip this question if course content needs to be developed):**

*https://link.if-available.com*

**Will the course content be created as part of an AVA webinar?:**

Yes/No

**Your Full Name:**

*First Name, Last Name*

**Your Email:**

*example@email.com*